

# **Track and Field Day is here!**

**3rd - 5th Grade:** Thursday March 7th, 2024

**Kinder - 2nd Grade:** Friday March 8th, 2024

## **General Information:**

**Field Day is from 8:30 am - 2:05 pm**

**3rd - 5th Grade will have lunch/break from 11:40 am - 12:40 pm**

**Kinder - 2nd Grade will have lunch/break from 10:35 am - 11:45 am**

## **How to prepare your child:**

- Students will wear their class t-shirts. Students should wear TENNIS SHOES.**
- Bring a Hat, Sunscreen, and water bottle labeled with their name.**
- Discuss appropriate field day behavior. Our goal is for the students to be safe, have fun, and demonstrate great sportsmanship.**
- Medication plan: Take into consideration that students will be active and outside for four hours.**
- Optional to pack a snack since we will have concessions.**
- Arrive at school on time.**
- First Aid:** We will have a first aid tent by the shed next to the track for minor scrapes and injuries. This table will also have ice packs and nurse passes.

**Volunteers and visitors will still need to check in at the front office**